

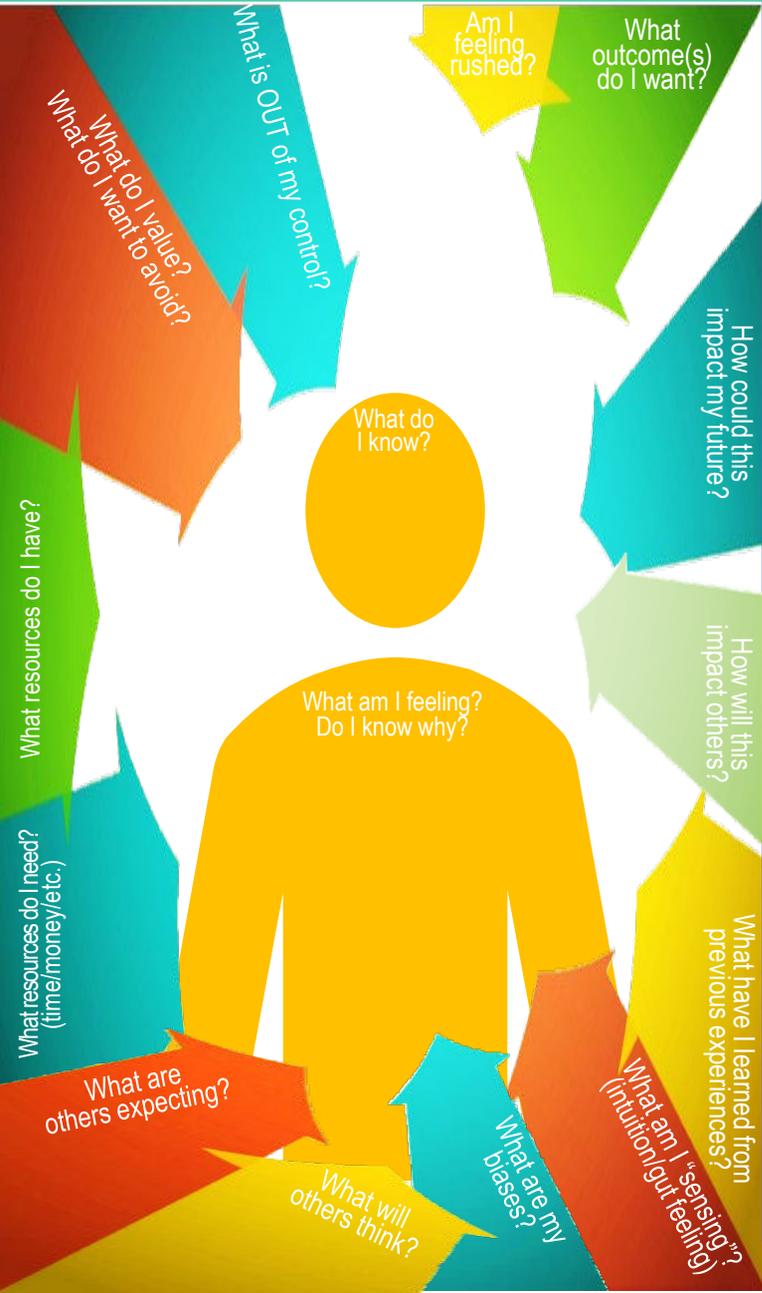
DECISION MAP

DECISION: _____
 IMPORTANCE? _____

DIRECTIONS

When you must make a decision, there are many factors to consider. Use the diagram on the right to record all influencing elements. Then use the chart on the right to evaluate the information. After taking a mindfulness break, return to the map to make your decision.

GATHER INFORMATION



EVALUATE INFORMATION

Options	Consequences		Ethics	
	Pros	Cons	Have You Considered: Your Values?	Impact on Others?